



BOTOX POST TREATMENT CARE

What you do after Botox and how you take care of your skin is very important. Here are some things you should and shouldn't do after getting Botox injections:

Avoid rubbing and massaging the treated area for 24 hours to avoid it from spreading to other unwanted areas.

Avoid getting facials, chemical peels, microdermabrasion for 1 week.

Avoid strenuous physical activity for 1 day.

Avoid using hot water in the treatment area in order for the treatment to last longer.

If you get a bruise at the injection site, Over The Counter topical Arnica Gel can help to reduce the bruises.

Please call us at 240-660-2798 or seek medical attention if you experience any side effects or complications from the treatment.